4/14/2013: Iowa spring practice video

By Brendan Stiles

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WEST DES MOINES, Iowa — The Iowa Hawkeyes conducted their first of two open spring practices Sunday afternoon, but opted to showcase themselves for this first open practice at Valley Stadium and in front of their fans in the central and western portions of the state.

Below are three videos from the 11-on-11 portion of Sunday's spring practice, plus video of Iowa head coach Kirk Ferentz meeting with the media afterwards to discuss the Hawkeyes' progress a little over halfway through their spring football period.

PRACTICE VIDEO #1:

PRACTICE VIDEO #2:

PRACTICE VIDEO #3:

KIRK FERENTZ POST-PRACTICE: